

Lise Gloede, Registered Dietitian
Nutrition Services
Arlington Hospital
1701 N. George Mason Dr
Arlington, VA 22205

2574 '99 SEP 14 AM 12

FDA Commissioner Jane E. Henney
5600 Fishers Lane
Rockville, MD 20857

Dear Commissioner Henney:

As a Registered Dietitian, promoter of healthy eating and good nutrition, I am concerned about the lack of attention by the federal government on sugar intake. The consumption of added sugar has jumped 25 percent over fifteen years, thereby squeezing out healthier foods such as fruits, vegetables and dairy products.

The FDA must take a more active role in helping to make consumers aware of the effects of sugar consumption. I strongly urge the FDA to establish a "Daily Reference Value" for added sugar of 40 grams and to require labels to disclose how much added sugar a food contains. Part of my job is teaching consumers how to read food labels; disclosing the sugar content would help enable the consumer to make more informed decisions concerning how much added sugar is in a product. With all the focus on fat, types of fats, fake fats and fat-free lingo, we must address sugar and its place in a healthy diet for Americans.

Thank you for your time and best wishes for a healthy year!

Sincerely,

Lise Gloede

Lise Gloede, RD

EXECUTIVE SECRETARIAT

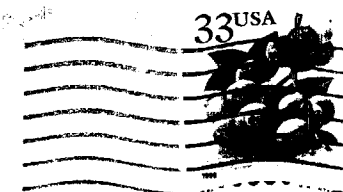
SEP 9 57 AM '99

RECEIVED

C-36

99P-2630

Lise Gloede
2610 N. Van Dorn St., Apt# 202
Alexandria, VA 22307



FDA Commissioner Jane E. Henney
5600 Fishers Lane
Rockville, MD 20857

